



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Martin, Robert

Club: Mannheim
Number: 730

Course: 12.00 km
12 km Run

Category:
Männer M40

Total time: 1:02:25

Speed: 11.54 km/h
Running performance: 5:12 min/km

Rank in course/Total: 117 (of 236)

Rank in course/Men: 102 (of 175)

Best time in course: 45:19

Rank in category: 20(of 30)

Best time in the category: 45:19