



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Kupsch, Uli

Club: Wilhelmsfeld
Number: 595

Course: 12.00 km
12 km Run

Category:
Männer M35

Total time: 1:03:25

Speed: 11.35 km/h
Running performance: 5:17 min/km

Rank in course/Total: 125 (of 236)

Rank in course/Men: 109 (of 175)

Best time in course: 45:19

Rank in category: 13(of 20)

Best time in the category: 46:31