



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Osswald, Harry

Club: Mannheim
Number: 627

Course: 12.00 km
12 km Run

Category:
Männer M50

Total time: 1:03:42

Speed: 11.30 km/h
Running performance: 5:19 min/km

Rank in course/Total: 128 (of 236)

Rank in course/Men: 112 (of 175)

Best time in course: 45:19

Rank in category: 14(of 27)

Best time in the category: 52:21