



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Imhof, Michael

Club: IMY Snack Mannheim  
Number: 804

Course: 6.00 km  
6 km Nordic Walk

Category:  
Walking/ Nordic Walking Männer

Total time: 54:04

Speed: 6.66 km/h  
Running performance: 9:01 min/km

Rank in course/Total: 5 (of 10)

Rank in course/Men: 2 (of 2)

Best time in course: 50:15

Rank in category: 2(of 2)

Best time in the category: 50:15