



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Brechtel, David

Club: Buff

Number: 520

Course: 12.00 km

12 km Run

Category:

Männer M30

Total time: 1:04:57

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 136 (of 236)

Rank in course/Men: 119 (of 175)

Best time in course: 45:19

Rank in category: 11(of 14)

Best time in the category: 46:18