



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Keiz, Peter

Club: LG MuLi  
Number: 585

Course: 12.00 km  
12 km Run

Category:  
Männer M60

Total time: 1:05:05

Speed: 11.06 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 140 (of 236)

Rank in course/Men: 121 (of 175)

Best time in course: 45:19

Rank in category: 4(of 7)

Best time in the category: 57:07