



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Irmert, Katrin

Club: Mannheim
Number: 582

Course: 12.00 km
12 km Run

Category:
Frauen W20

Total time: 1:05:17

Speed: 11.03 km/h
Running performance: 5:26 min/km

Rank in course/Total: 143 (of 236)

Rank in course/Women: 20 (of 61)

Best time in course: 52:06

Rank in category: 5(of 14)

Best time in the category: 52:06