



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Wessel, Frederic

Club: TSG Marxheim  
Number: 714

Course: 12.00 km  
12 km Run

Category:  
Männer M20

Total time: 1:05:24

Speed: 11.01 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 148 (of 236)

Rank in course/Men: 127 (of 175)

Best time in course: 45:19

Rank in category: 16(of 23)

Best time in the category: 47:16