



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Wirth-Gräber, Jutta

Club: AC Weinheim  
Number: 717

Course: 12.00 km  
12 km Run

Category:  
Frauen W45

Total time: 1:05:32

Speed: 10.99 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 152 (of 236)

Rank in course/Women: 24 (of 61)

Best time in course: 52:06

Rank in category: 3(of 11)

Best time in the category: 55:40