



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Blischke, Jutta

Club: Mannheim
Number: 802

Course: 6.00 km
6 km Nordic Walk

Category:
Walking/ Nordic Walking

Total time: 55:37

Speed: 6.47 km/h
Running performance: 9:16 min/km

Rank in course/Total: 7 (of 10)
Rank in course/Women: 5 (of 8)
Best time in course: 45:43

Rank in category: 5(of 8)
Best time in the category: 45:43