



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Engelen, Andreas

Club: Heidelberg
Number: 540

Course: 12.00 km
12 km Run

Category:
Männer M40

Total time: 1:06:14

Speed: 10.87 km/h
Running performance: 5:31 min/km

Rank in course/Total: 156 (of 236)

Rank in course/Men: 129 (of 175)

Best time in course: 45:19

Rank in category: 26(of 30)

Best time in the category: 45:19