



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Dippold, Sabine

Club: Mannheim
Number: 530

Course: 12.00 km
12 km Run

Category:
Frauen W35

Total time: 1:07:19

Speed: 10.70 km/h
Running performance: 5:37 min/km

Rank in course/Total: 164 (of 236)

Rank in course/Women: 30 (of 61)

Best time in course: 52:06

Rank in category: 5(of 10)

Best time in the category: 59:30