



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Dammer, Max

Number: 7

Course: 1.50 km  
1,5 km KITZ-Lauf

Category:  
männliche Schüler

Total time: 8:16

Speed: 7.26 km/h

Running performance: 5:31 min/km

Rank in course/Total: 43 (of 61)

Rank in course/Men: 31 (of 41)

Best time in course: 6:19

Rank in category: 31(of 41)

Best time in the category: 6:19