



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Motsch-Klein, Hermann

Club: Lauf Ich AG Mannheim
Number: 614

Course: 12.00 km
12 km Run

Category:
Männer M50

Total time: 1:07:29

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 168 (of 236)

Rank in course/Men: 138 (of 175)

Best time in course: 45:19

Rank in category: 22(of 27)

Best time in the category: 52:21