



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Quick, Simone

Club: AC Weinheim
Number: 636

Course: 12.00 km
12 km Run

Category:
Frauen W40

Total time: 1:07:46

Speed: 10.62 km/h
Running performance: 5:39 min/km

Rank in course/Total: 172 (of 236)

Rank in course/Women: 32 (of 61)

Best time in course: 52:06

Rank in category: 9(of 12)

Best time in the category: 59:05