



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Hermann, Klaus

Club: Tea and more  
Number: 744

Course: 12.00 km  
12 km Run

Category:  
Männer M55

Total time: 1:11:12

Speed: 10.11 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 198 (of 236)

Rank in course/Men: 155 (of 175)

Best time in course: 45:19

Rank in category: 17(of 19)

Best time in the category: 51:14