



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Zeiß, Manfred**

Club: Ski-Club Heddesheim  
Number: 719

Enduro Long Men

Category:

Männer M55

Total time: 1:11:18

Speed: - km/h

Running performance: 5:56 min/km

Rank in course/Total: 199 (of 236)

Rank in course/Men: 156 (of 175)

Best time in course: 45:19

Rank in category: 18(of 19)

Best time in the category: 51:14