



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Stenger, Sandra

Club: Mannheim  
Number: 764

Course: 12.00 km  
12 km Run

Category:  
Frauen W20

Total time: 1:11:31

Speed: 10.07 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 200 (of 236)

Rank in course/Women: 44 (of 61)

Best time in course: 52:06

Rank in category: 11(of 14)

Best time in the category: 52:06