



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Schadow, Marion

Club: Mannheim
Number: 653

Course: 12.00 km
12 km Run

Category:
Frauen W40

Total time: 1:12:35

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 204 (of 236)

Rank in course/Women: 45 (of 61)

Best time in course: 52:06

Rank in category: 10(of 12)

Best time in the category: 59:05