



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Göser, Diana

Number: 557

Course: 12.00 km
12 km Run

Category:
Frauen W35

Total time: 1:12:50

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course/Total: 208 (of 236)

Rank in course/Women: 47 (of 61)

Best time in course: 52:06

Rank in category: 9(of 10)

Best time in the category: 59:30