



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Götz, Alexandra

Club: Mannheim
Number: 803

Course: 6.00 km
6 km Nordic Walk

Category:
Walking/ Nordic Walking

Total time: 1:04:26

Speed: 5.59 km/h
Running performance: 10:44 min/km

Rank in course/Total: 10 (of 10)

Rank in course/Women: 8 (of 8)

Best time in course: 45:43

Rank in category: 8(of 8)

Best time in the category: 45:43