



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Gropp, Paul

Club: Mannheim
Number: 559

Course: 12.00 km
12 km Run

Category:
Männer M20

Total time: 1:15:00

Speed: 9.60 km/h
Running performance: 6:15 min/km

Rank in course/Total: 211 (of 236)

Rank in course/Men: 163 (of 175)

Best time in course: 45:19

Rank in category: 19(of 23)

Best time in the category: 47:16