



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Götz, Ferdinand

Club: Mannheim  
Number: 558

Course: 12.00 km  
12 km Run

Category:  
Männer M20

Total time: 1:16:01

Speed: 9.47 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 216 (of 236)

Rank in course/Men: 165 (of 175)

Best time in course: 45:19

Rank in category: 20(of 23)

Best time in the category: 47:16