



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Schiller, Simone

Club: Mannheim  
Number: 725

Course: 12.00 km  
12 km Run

Category:  
Frauen W45

Total time: 1:18:54

Speed: 9.13 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 225 (of 236)

Rank in course/Women: 54 (of 61)

Best time in course: 52:06

Rank in category: 10(of 11)

Best time in the category: 55:40