



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Eckert, Hermann

Club: MTG Mannheim  
Number: 535

Course: 12.00 km  
12 km Run

Category:  
Männer M60

Total time: 1:20:02

Speed: 9.00 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 227 (of 236)

Rank in course/Men: 173 (of 175)

Best time in course: 45:19

Rank in category: 7(of 7)

Best time in the category: 57:07