



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Weidner, Karin

Club: Rhoi -Flitzer Mannheim  
Number: 732

Course: 12.00 km  
12 km Run

Category:  
Frauen W50

Total time: 1:21:09

Speed: 8.87 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 228 (of 236)

Rank in course/Women: 55 (of 61)

Best time in course: 52:06

Rank in category: 5(of 6)

Best time in the category: 52:26