



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Lengert, Barbara

Club: Mannheim
Number: 597

Course: 12.00 km
12 km Run

Category:
Frauen W40

Total time: 1:24:59

Speed: 8.47 km/h
Running performance: 7:05 min/km

Rank in course/Total: 230 (of 236)

Rank in course/Women: 57 (of 61)

Best time in course: 52:06

Rank in category: 12(of 12)

Best time in the category: 59:05