



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Hiemenz, Christoph

Club: Mannheim  
Number: 249

Course: 6.00 km  
6 km Run

Category:  
männliche Jugend A

Total time: 24:24

Speed: 14.75 km/h  
Running performance: 4:04 min/km

Rank in course/Total: 10 (of 174)

Rank in course/Men: 10 (of 92)

Best time in course: 22:06

Rank in category: 1(of 2)

Best time in the category: 24:24