



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Biehler, Andreas

Club: JUST 4 ME
Number: 366

Course: 6.00 km
6 km Run

Category:
Männer M45

Total time: 24:25

Speed: 14.74 km/h
Running performance: 4:04 min/km

Rank in course/Total: 11 (of 174)

Rank in course/Men: 11 (of 92)

Best time in course: 22:06

Rank in category: 3(of 23)

Best time in the category: 23:49