



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Schreiner, Wolfgang

Club: Mannheim  
Number: 335

Course: 6.00 km  
6 km Run

Category:  
Männer M45

Total time: 24:50

Speed: 14.50 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 13 (of 174)

Rank in course/Men: 13 (of 92)

Best time in course: 22:06

Rank in category: 4(of 23)

Best time in the category: 23:49