



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Hochhaus, Jürgen

Club: Mannheim
Number: 252

Course: 6.00 km
6 km Run

Category:
Männer M40

Total time: 25:08

Speed: 14.32 km/h
Running performance: 4:11 min/km

Rank in course/Total: 18 (of 174)

Rank in course/Men: 18 (of 92)

Best time in course: 22:06

Rank in category: 4(of 12)

Best time in the category: 22:21