



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Frisch, Matthias

Club: Mannheim  
Number: 227

Course: 6.00 km  
6 km Run

Category:  
männliche Jugend B

Total time: 26:21

Speed: 13.66 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 20 (of 174)

Rank in course/Men: 20 (of 92)

Best time in course: 22:06

Rank in category: 1(of 4)

Best time in the category: 26:21