



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Frisch, Lisa

Club: Mannheim
Number: 228

Course: 6.00 km
6 km Run

Category:
weibliche Schüler A

Total time: 26:34

Speed: 13.55 km/h
Running performance: 4:26 min/km

Rank in course/Total: 24 (of 174)

Rank in course/Women: 1 (of 82)

Best time in course: 26:34

Rank in category: 1(of 2)

Best time in the category: 26:34