



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Turczyn, Tanja

Club: Poseidon Worms
Number: 389

Course: 6.00 km
6 km Run

Category:
Frauen W30

Total time: 26:39

Speed: 13.51 km/h
Running performance: 4:26 min/km

Rank in course/Total: 25 (of 174)

Rank in course/Women: 2 (of 82)

Best time in course: 26:34

Rank in category: 1(of 9)

Best time in the category: 26:39