



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Hochhaus, Jacob

Club: DJK Käfertal-Waldhof
Number: 251

Course: 6.00 km
6 km Run

Category:
männliche Schüler B

Total time: 29:02

Speed: 12.40 km/h
Running performance: 4:50 min/km

Rank in course/Total: 34 (of 174)

Rank in course/Men: 30 (of 92)

Best time in course: 22:06

Rank in category: 3(of 13)

Best time in the category: 25:44