



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Ederle, Michael

Club: TSV Schönau-Mannheim
Number: 221

Course: 6.00 km
6 km Run

Category:
Männer M45

Total time: 29:04

Speed: 12.39 km/h
Running performance: 4:50 min/km

Rank in course/Total: 36 (of 174)

Rank in course/Men: 31 (of 92)

Best time in course: 22:06

Rank in category: 6(of 23)

Best time in the category: 23:49