



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Weigl, Matthias**

Club: Mannheim  
Number: 378

Course: 6.00 km  
6 km Run

Category:  
Männer M45

Total time: 29:42

Speed: 12.12 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 38 (of 174)

Rank in course/Men: 33 (of 92)

Best time in course: 22:06

Rank in category: 8(of 23)

Best time in the category: 23:49