



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Gerstenberger, Volker

Club: LFV Oberholz
Number: 29

Course: 15.00 km
15,0 km Lauf

Category:
Männer M40

Total time: 1:06:19

Speed: 13.57 km/h
Running performance: 4:25 min/km

Rank in course/Total: 46 (of 121)

Rank in course/Men: 41 (of 85)

Best time in course: 53:17

Rank in category: 9(of 14)

Best time in the category: 54:09