



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Zacharias, Mario

Club: VS Bad Lausick  
Number: 110

Course: 15.00 km  
15,0 km Lauf

Category:  
Männer M40

Total time: 1:07:14

Speed: 13.39 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 49 (of 121)

Rank in course/Men: 43 (of 85)

Best time in course: 53:17

Rank in category: 10(of 14)

Best time in the category: 54:09