



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Michalke, Steffen

Club: LG eXa e.V.

Number: 55

Course: 15.00 km

15,0 km Lauf

Category:

Männer M40

Total time: 1:08:13

Speed: 13.19 km/h

Running performance: 4:33 min/km

Rank in course/Total: 53 (of 121)

Rank in course/Men: 47 (of 85)

Best time in course: 53:17

Rank in category: 11(of 14)

Best time in the category: 54:09