



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Nowak, Markus

Club: Leipzig

Number: 16

Course: 15.00 km

15,0 km Lauf

Category:

Männer M35

Total time: 1:08:48

Speed: 13.08 km/h

Running performance: 4:35 min/km

Rank in course/Total: 56 (of 121)

Rank in course/Men: 50 (of 85)

Best time in course: 53:17

Rank in category: 9(of 10)

Best time in the category: 56:08