



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Großmann, Ralf

Club: Volkssport Leipzig
Number: 3

Course: 15.00 km
15,0 km Lauf

Category:
Männer M50

Total time: 1:09:20

Speed: 12.98 km/h
Running performance: 4:37 min/km

Rank in course/Total: 59 (of 121)

Rank in course/Men: 53 (of 85)

Best time in course: 53:17

Rank in category: 8(of 13)

Best time in the category: 56:51