



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Ludwig, Robert

Club: SG Altenhain
Number: 87

Course: 15.00 km
15,0 km Lauf

Category:
Männer M20

Total time: 1:09:26

Speed: 12.96 km/h
Running performance: 4:38 min/km

Rank in course/Total: 60 (of 121)

Rank in course/Men: 54 (of 85)

Best time in course: 53:17

Rank in category: 7(of 9)

Best time in the category: 55:18