



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Keitz, Ralf

Club: Leipziger Triathlon eV
Number: 119

Course: 15.00 km
15,0 km Lauf

Category:
Männer M55

Total time: 1:10:17

Speed: 12.81 km/h
Running performance: 4:41 min/km

Rank in course/Total: 63 (of 121)

Rank in course/Men: 56 (of 85)

Best time in course: 53:17

Rank in category: 5(of 11)

Best time in the category: 1:00:50