



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Herfurt, Ute

Club: LV Limbach 2000

Number: 38

Course: 15.00 km

15,0 km Lauf

Category:

Frauen W45

Total time: 1:11:09

Speed: 12.65 km/h

Running performance: 4:44 min/km

Rank in course/Total: 67 (of 121)

Rank in course/Women: 8 (of 36)

Best time in course: 57:39

Rank in category: 4(of 10)

Best time in the category: 1:03:41