



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Riedel, Ralf

Club: Leipzig

Number: 18

Course: 15.00 km

15,0 km Lauf

Category:

Männer M45

Total time: 1:13:55

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 76 (of 121)

Rank in course/Men: 64 (of 85)

Best time in course: 53:17

Rank in category: 12(of 18)

Best time in the category: 57:05