



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Winkelvoss, Ilona

Club: LG Wivo
Number: 86

Course: 15.00 km
15,0 km Lauf

Category:
Frauen W45

Total time: 1:14:23

Speed: 12.10 km/h
Running performance: 4:58 min/km

Rank in course/Total: 78 (of 121)
Rank in course/Women: 13 (of 36)
Best time in course: 57:39

Rank in category: 6(of 10)
Best time in the category: 1:03:41