



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Lohse, Elmar

Club: LG Taucha/Leipzig

Number: 108

Course: 15.00 km

15,0 km Lauf

Category:

Männer M45

Total time: 1:15:47

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 81 (of 121)

Rank in course/Men: 68 (of 85)

Best time in course: 53:17

Rank in category: 15(of 18)

Best time in the category: 57:05