



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

**Könnecke, Hannelore**

Club: Volkssport Leipzig

Number: 12

Course: 15.00 km

15,0 km Lauf

Category:

Frauen W55

Total time: 1:18:26

Speed: 11.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 91 (of 121)

Rank in course/Women: 18 (of 36)

Best time in course: 57:39

Rank in category: 2(of 3)

Best time in the category: 1:16:47