



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Kuningham, Ronald

Club: VS Leipzig

Number: 8

Course: 15.00 km

15,0 km Lauf

Category:

Männer M55

Total time: 1:23:13

Speed: 10.82 km/h

Running performance: 5:33 min/km

Rank in course/Total: 100 (of 121)

Rank in course/Men: 78 (of 85)

Best time in course: 53:17

Rank in category: 8(of 11)

Best time in the category: 1:00:50